



ROTARY GRIQUA

OFFICIAL BULLETIN OF THE ROTARY CLUB OF KIMBERLEY

22 February 2021

<http://rotarykimberley.org.za/>

SECRET OF HAPPINESS???

Some of us have already reached the golden age (those over 60), others not, but everyone could benefit from the following!

1. Lead a healthy lifestyle, make sure you do it physically, but don't overload yourself. It is easy to get sick, it is much more difficult to stay healthy. Stay in shape, visit doctors, learn what to do to retain your health.
2. Don't worry about nonsense! You've lived long – and you can remember all the good and bad. Do not let the burden of the past stand in the way of your happiness. Celebrate the good memories!
3. Be proud of yourself - internally and externally. Do not stop going to the hairdresser, dentist or beautician. If you are cured outside, then you have self-esteem and strength inside.
4. Keep up to date with the latest developments. Read, watch news programs, stay in touch with old friends – it's important at your age.
5. Some family and friends grow grumpy and negative with age. Life is too short to waste time on them. Spend time in the company of positive, cheerful people – and life will be much more enjoyable.
6. Don't be tempted to live with your children. Of course, it's nice to live surrounded by loving relatives, but each of us has the right to our own personal space. We also need it.
7. Laugh a lot. Celebrate your age with humour and try to see the fun side of each situation! "Laughter is the best medicine" is not a fallacy.
8. Don't pay attention to what is being said about you, and even less about what people may think about you. Be proud of yourself and your life, and let others see this in you.
9. Use your savings. Enjoy it. There is nothing worse than leaving your money to your son-in-law, daughter-in-law or relative who have BIG PLANS for your savings.
10. Stop worrying about the financial situation of your children or grandchildren. You support children for many years, teach them a lot and give them shelter. Now it's their turn to start earning money.

NOTE

In the lockdown period, our Rotary Club meets On-Line. Rotarians and Friends of Rotary are welcome to join. Use the following link to join the meeting just before the published time – see our Calendar overleaf.

<https://www.gotomeet.me/D9370-GTM-Organiser/kimberley-gtm>

If you have any problems, please contact Barry Downs on 083 621 9911

ROTARY CLUB OF KIMBERLEY 2020-2021

Chartered 20 August 1951

Rotary District 9370

RI President: Holger Knaack

District Gov: Maud Boikanyo

Assistant Gov: Rob Gibson

Club President: Ken Quinn

Club Secretary: Corlia van Tonder

Club Board:

Barry Downs

Gill Quinn

Colleen Fairweather

Peter Thomas

Amanda van Zyl

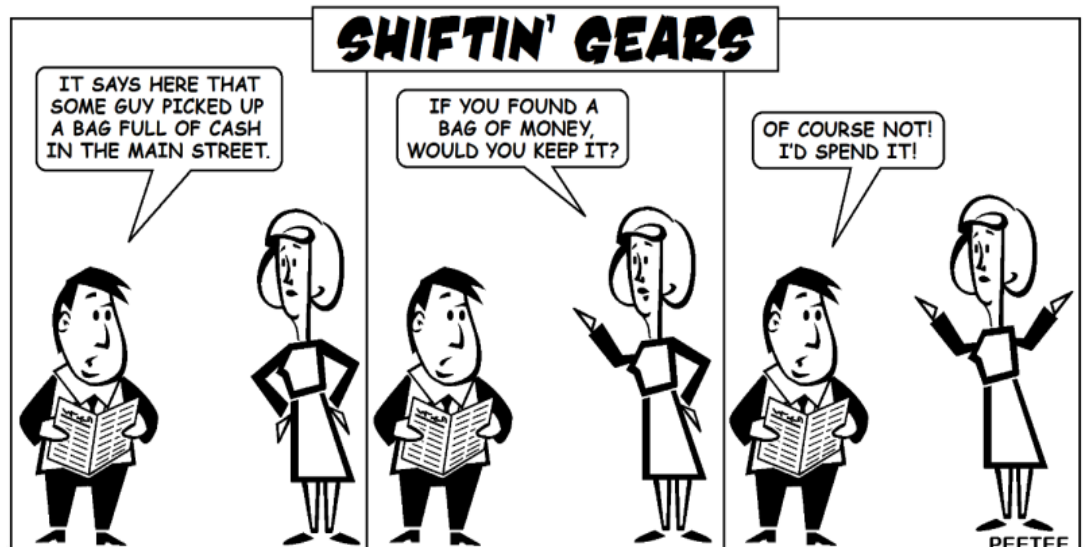
Bulletin Editor: Peter Thomas

Club Meetings:

Kimberley Club

Mondays 12:45 for 13:00

INFO: 084 688 0508



CALENDAR & DUTIES

FEBRUARY

(Peace & Conflict Prevention/Resolution Month)

22 Feb: ON-LINE ROTARY MEETING – 13:00

MARCH

(Water and Sanitation Month)

01 Mar: NO MEETING

08 Mar: ON-LINE ROTARY MEETING – 13:00

15 Mar: NO MEETING

22 Mar: ON-LINE ROTARY MEETING – 13:00

29 Mar: NO MEETING

**Intelligence is
like underwear.
It's important to
have it, but it's
not necessary to
show it off**

SUBMISSIONS FOR THE ROTARY GRIQUA
ARE WELCOMED. PLEASE E-MAIL TO:

petertee@vodamail.co.za



Rotary Opens Opportunities

Disclaimer: The views expressed in this newsletter are those of the editor and the contributors. They do not necessarily reflect the views of the Rotary Club of Kimberley, of Rotary District 9370 or of Rotary International.

DUTIES

If you are unable to do a duty, please make arrangements for a substitute.

WEEK OF 22 Feb (On-Line Meeting)

FELLOWSHIP: No Duty

CORPORAL: Hein Knoke

TUES COFFEE CLUB: No Duty

WEEK OF 1 March

NO LUNCH MEETING – No Duties

TUES COFFEE CLUB: No Duty

WEEK OF 8 Mar (On-Line Meeting)

FELLOWSHIP: No Duty

CORPORAL: Hein Knoke

TUES COFFEE CLUB: No Duty

WEEK OF 15 March

NO LUNCH MEETING – No Duties

TUES COFFEE CLUB: No Duty

WEEK OF 29 Mar (On-Line Meeting)

FELLOWSHIP: No Duty

CORPORAL: Philip Maritz

TUES COFFEE CLUB: No Duty

CELEBRATIONS

BIRTHDAYS

07 Mar Pottie Brand

09 Apr Philip Maritz

16 Apr Gill Downs

WEDDING ANNIVERSARIES

09 Mar Charles & Marie Parsons

INDUCTION ANNIVERSARIES

24 Feb 2014 Colleen Fairweather

15 Apr 2019 Willem Badenhorst

29 Apr 1993 Ken Quinn

COFFEE CLUB BIRTHDAYS

26 Feb Rob Hollings

28 Feb Sam Goldblatt

27 Mar Keith Diener

28 Mar George Lodder

31 Mar Charles Burton.

19 Apr Ramon Allen

27 Apr Brian Turner