



# ROTARY GRIQUA

OFFICIAL BULLETIN OF THE ROTARY CLUB OF KIMBERLEY

1 July 2019

<http://rotarykimberley.org.za/>

## GIVING BACK IS IMPORTANT

It's not something that we talk about often. Too many of us are focused on the 'struggle' of our daily lives to even think of giving back. But in all honesty, we know at the back of our minds that there are people in our communities who are living below the bread line and subsisting on a day to day basis. So why is it important to give back to society?

**Creates a feeling of gratitude:** Feelings of compassion, humanity and a sense of appreciation awakens when we give to people. There is nothing greater to centre our focus in this world than beginning to understand just how much we have to be grateful for.

**Encourages a culture of giving:** Behaviours are contagious. If people see you or other people giving back to society in some shape or form, it is likely to be an idea that sticks with them.

**Strengthens communities and nations:** Giving encourages dialogue between people, communities and nations in ways that people would not ordinarily have experienced before. When people choose to give, they unite from different sectors and communities in the name of a common cause.

**Alleviates poverty, struggling and suffering:** On an absolutely practical level when you find ways to give back to society, this helps to provide some instant relief from poverty, struggling and suffering. Even if a long-term solution is needed, people still need food, clothes and access to basic sanitation now.

**Helps you to share resources:** If you know that you need to share your resources with somebody, it immediately makes you conscious about what it is that you have. Besides the gratitude aspect, you suddenly are aware of the value of a bucket of water or a plate of warm home-cooked food.

**Creates emotionally aware people:** It is easy for us to fall into a sense of moral sleep when we are not faced with the realities of people who are less fortunate than us. Once we make the conscious effort to get out there and give to people, we have greater emotional awareness and this helps us to become emotionally intelligent people.

**Helps people build for their future:** If for example you are giving back to society through a feeding or housing scheme, you will be providing the essential building blocks for a child's future development.

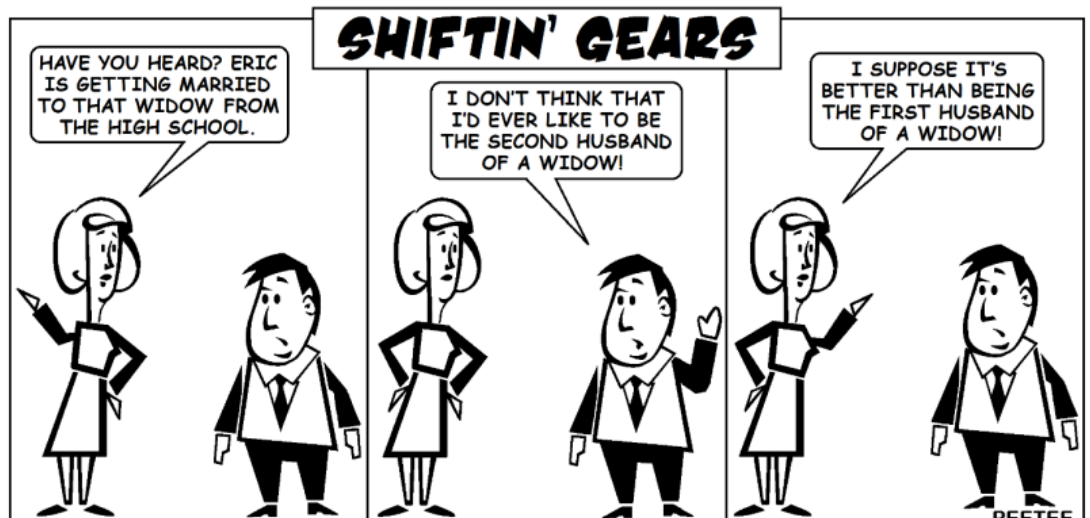
**You will grow as a person:** When you are engaged in philanthropic and humanitarian activities you somehow can't help but be touched as a human being. Your emotional awareness increases, your care and consideration for others is awakened and you are exposed to new and different people.

**The health benefits of giving back:** On a physical level, you are bound to experience an increase in your levels of wellbeing when you give back to society. Givers on a whole, experience a boost in morale, increased feelings of happiness, greater purpose in life and naturally lower stress levels.

**It feels good to give:** Deep down inside, we all want to feel that we contributed, added value and had some kind of meaning and purpose in our lives. Giving to others helps to feel that we've made that difference and helped to alleviate the crisis in somebody else's life.

**ROTARY CLUB OF KIMBERLEY**  
**2019-2020**  
 Chartered 20 August 1951  
 Rotary District 9370  
 RI President: Mark Daniel Maloney  
 District Gov: Jaco Stander  
 Assistant Gov: Rob Gibson  
 Club President: Ken Quinn  
 Club Secretary: Corlia van Tonder  
 Club Board:  
 Barry Downs  
 Gill Quinn  
 Colleen Fairweather  
 Peter Thomas  
 Amanda van Zyl  
 Bulletin Editor: Peter Thomas  
 Club Meetings:  
 Kimberley Club  
 Mondays 12:45 for 13:00  
 INFO: 084 688 0508

**DIARISE: 8 July: 12:30 for 12:45 - "Walk-a-bout" to Sol Plaatje Univ.**



# CALENDAR & DUTIES

## JULY

### First Month of the New Rotary Year

- 1 Jul: President's Induction - 12:45 for 13:00  
8 Jul: No Lunch - Club Outing - 12:30 for 12:45  
"Walk-a-bout" to Sol Plaatje University  
15 Jul: Business Meeting - 12:45 for 13:00  
22 Jul: BOARD MEETING - 12:45 for 13:00  
29 Jun: Social Meeting - 12:45 for 13:00

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"The dreamers are the saviours  
of the world"

*James Allen*

## DUTIES

*If you are unable to do a duty, please  
make arrangements for a substitute.*

### WEEK OF 1 JULY (Induction Lunch)

FELLOWSHIP: Peter Thomas (for Hein Knoke)  
CORPORAL: Philip Maritz  
TUES COFFEE CLUB: Corlia van Tonder

### WEEK OF 8 JULY

FELLOWSHIP: CLUB OUTING – No Duty  
CORPORAL: CLUB OUTING – No Duty  
TUES COFFEE CLUB: Willem Badenhorst

### WEEK OF 15 JULY

FELLOWSHIP: Philip Maritz  
CORPORAL: Gill Quinn  
TUES COFFEE CLUB: Brenda Booth

### WEEK OF 22 JULY

FELLOWSHIP: BOARD MEETING – No Duty  
CORPORAL: BOARD MEETING – No Duty  
TUES COFFEE CLUB: Peter Thomas

SUBMISSIONS FOR THE ROTARY GRIQUA  
ARE WELCOMED. PLEASE E-MAIL TO:  
[petertee@vodamail.co.za](mailto:petertee@vodamail.co.za)



Disclaimer: The views expressed in this newsletter are those of the editor and the contributors. They do not necessarily reflect the views of the Rotary Club of Kimberley, of Rotary District 9370 or of Rotary International.

## AUGUST

### Membership & New Club Development

- 5 Aug: Business Meeting - 12:45 for 13:00  
12 Aug: No Lunch – Club Outing - 12:30 for 12:45  
(Details to be announced)  
19 Aug: Business Meeting - 12:45 for 13:00  
26 Aug: BOARD MEETING - 12:45 for 13:00

## CELEBRATIONS

### BIRTHDAYS

- 08 Jul. Shirley Dally (Honorary)  
24 Jul. Dries van Tonder  
15 Aug. Willem Badenhorst  
20 Aug. Rotary Club of Kimberley (1951)

### WEDDING ANNIVERSARIES

- 05 Jul. Brenda & Herbert Booth  
16 Jul. Gordon & Shirley Dally (Honorary)  
29 Aug. Mike & Beryl Bradnum (Honorary)

### INDUCTION ANNIVERSARIES

- 01 Jul. 1981 Philip Maritz  
13 Jul. 2015 Brenda Booth  
05 Oct. 2010 Corlia Van Tonder

### COFFEE CLUB BIRTHDAYS

- 15 Jul. Mark Harding  
17 Jul. Robbie V.D. Nest  
8 Aug. Derek Preece



## LAST LAUGH



"Ever since I signed up for Twitter, I get the  
feeling that people are following me!"