



ROTARY GRIQUA

OFFICIAL BULLETIN OF THE ROTARY CLUB OF KIMBERLEY

09 April 2018

<http://rotarykimberley.org.za/>

TO CHANGE THE WORLD - MAKE YOUR BED

If you make your bed every morning you will have accomplished the first task of the day. It will give you a small sense of pride, and it will encourage you to do another task and another and another. By the end of the day, that one task completed will have turned into many tasks completed. Making your bed will also reinforce the fact that little things in life matter. If you can't do the little things right, you will never do the big things right.

And, if by chance you have a miserable day, you will come home to a bed that is made (that you made) and a made bed gives you encouragement that tomorrow will be better. If you want to change the world, start off by making your bed.

During the land warfare phase of training, the US Navy Seal students are flown out to San Clemente Island which lies off the coast of San Diego. The waters off San Clemente are a breeding ground for the great white sharks. To pass SEAL training there are a series of long swims that must be completed. One is the night swim.

Before the swim the instructors joyfully brief the trainees on all the species of sharks that inhabit the waters off San Clemente. They assure you, however, that no student has ever been eaten by a shark - at least not recently. But, you are also taught that if a shark begins to circle your position - stand your ground. Do not swim away. Do not act afraid. And if the shark, hungry for a midnight snack, darts towards you - then summon up all your strength and punch him in the snout, and he will turn and swim away.

There are a lot of sharks in the world. If you hope to complete the swim you will have to deal with them. So, if you want to change the world, don't back down from the sharks.

Hell Week is six days of no sleep, constant physical and mental harassment, and one special day at the Mud Flats. It is on Wednesday of Hell Week that you paddle down to the mud flats and spend the next 15 hours trying to survive the freezing cold mud, the howling wind and the incessant pressure to quit from the instructors. As the sun began to set that Wednesday evening, my training class, having committed some "egregious infraction of the rules" was ordered into the mud.

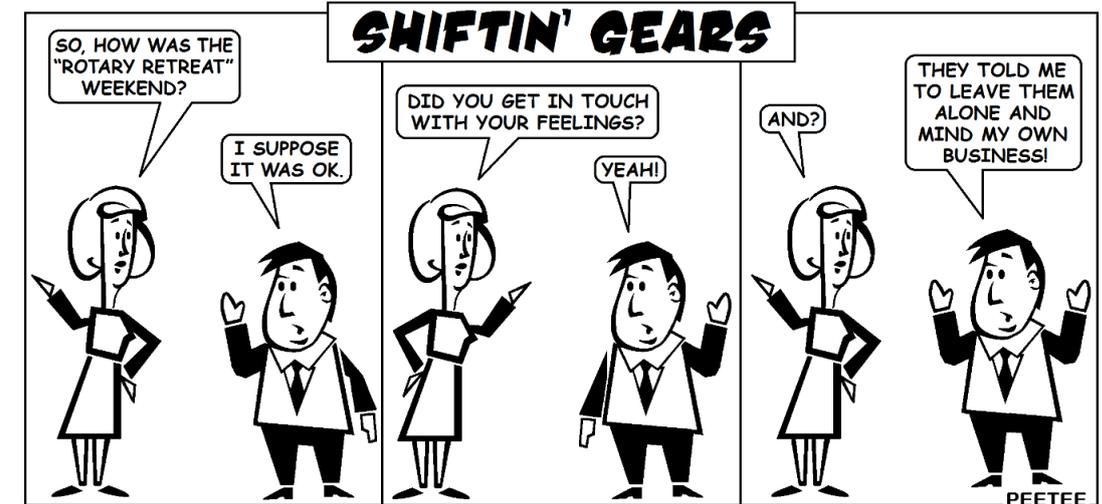
The mud consumed each man till there was nothing visible but our heads. The instructors told us we could leave the mud if only five men would quit — just five men — and we could get out of the oppressive cold. Looking around the mud flat it was apparent that some students were about to give up. It was still over eight hours till the sun came up — eight more hours of bone-chilling cold.

The chattering teeth and shivering moans of the trainees were so loud it was hard to hear anything. Then, one voice began to echo through the night, one voice raised in song. The song was terribly out of tune but sung with great enthusiasm. One voice became two, two became three and before long everyone in the class was singing. We knew that if one man could rise above the misery then others could as well.

The instructors threatened us with more time in the mud if we kept up the singing, but the singing persisted. And somehow the mud seemed a little warmer, the wind a little tamer and the dawn not so far away.

If I have learned anything in my time traveling the world, it is the power of hope. The power of one person can change the world by giving people hope. So, if you want to change the world, start singing when you're up to your neck in mud.

ROTARY CLUB OF KIMBERLEY
2017-2018
 Chartered 20 August 1951
 Rotary District 9370
RI President: Ian Riseley
District Gov: Wally Jacobs
Asst Gov: Barry Downs
Club Pres: Corlia v.Tonder
Secretary: Gill Quinn
Club Board:
 Barry Downs
 Colleen Fairweather
 Ken Quinn
 Peter Thomas
 Amanda van Zyl
 Pete van Zyl
Bulletin Editor: Peter Thomas
Club Meetings:
 Kimberley Club
 Mondays 12:45 for 13:00
INFO: 082 898 3805



CALENDAR & DUTIES

APRIL

Maternal and Child Health Month

- 9 Apr: Business Meeting 12:45 for 13:00
16 Apr: Social Meeting 12:45 for 13:00
23 Apr: BOARD MEETING 12:45 for 13:00
27 Apr: Freedom Day
28 Apr: Presidential Peace Conf. Taranto, Italy
30 Apr: Social Meeting 12:45 for 13:00

“Life shrinks or
expands in proportion
to one’s courage.”

Anais Nin

DUTIES

*If you are unable to do a duty, please
make arrangements for a substitute.*

WEEK OF 9 APRIL

FELLOWSHIP: Philip Maritz
CORPORAL: Ken Quinn
TUES COFFEE CLUB: Barry Downs

WEEK OF 16 APRIL

FELLOWSHIP: Gill Quinn
CORPORAL: Gill Quinn for Peter Thomas
TUES COFFEE CLUB: Peter Thomas

WEEK OF 23 APRIL

FELLOWSHIP: Board Meeting – NO DUTY
CORPORAL: Board Meeting – NO DUTY
TUES COFFEE CLUB: Corlia van Tonder

SUBMISSIONS FOR THE ROTARY GRIQUA
ARE WELCOMED. PLEASE E-MAIL TO:
petertee@vodamail.co.za



ROTARY:
MAKING A
DIFFERENCE

Disclaimer: The views expressed in this newsletter are those of the editor and the contributors. They do not necessarily reflect the views of the Rotary Club of Kimberley, of Rotary District 9370 or of Rotary International.

MAY

Youth Service Month

- 1 May: Workers’ Day (Tuesday)
7 May: Social Meeting 12:45 for 13:00
14 May: Business Meeting 12:45 for 13:00
21 May: Social Meeting 12:45 for 13:00
28 May: BOARD MEETING 12:45 for 13:00
30 Apr: Social Meeting 12:45 for 13:00

CELEBRATIONS

BIRTHDAYS

- 09 Apr Philip Maritz
16 Apr Gill Downs
08 May Ken Quinn
16 May Barry Downs

WEDDING ANNIVERSARIES

- 17 May Philip & Shirley Maritz

INDUCTION ANNIVERSARIES

- 29 Apr 1993 Ken Quinn
03 May 2008 Amanda Van Zyl
04 May 1952 Lawrie Shuttleworth

COFFEE CLUB BIRTHDAYS

- 27 Apr Brian Turner
4 May Johan Aucamp
5 May David Allen
25 May Bill Fair

MEME OF THE WEEK

**FACEBOOK SHOULD HAVE
A LIMIT ON HOW MANY
TIMES YOU CAN CHANGE
YOUR RELATIONSHIP
STATUS - AFTER THREE
IT SHOULD DEFAULT TO
“UNSTABLE”**



facebook