



ROTARY GRIQUA

OFFICIAL BULLETIN OF THE ROTARY CLUB OF KIMBERLEY

8 JANUARY 2018

<http://rotarykimberley.org.za/>

WE WISH ALL OUR READERS EVERYTHING OF THE BEST FOR 2018

Each January, about 40% of the country makes New Year's resolutions, and setting a goal at the start of the year is as much a part of the festivities as the countdown to New Year. But when you think about it, New Year's resolutions don't make a lot of sense. You can decide to get heathy anytime during the year, so why has January 1st become a goal-setting day? Why not your birthday, the start of your own new year?

The tradition of making New Year's resolutions goes back over 4,000 years, to the ancient festival of Akitu, when Babylonians would celebrate the "rebirth of the natural world." They would plant crops, crown a new king, make promises to their gods and repay their debts. They believed if they kept their promises, they would stay on the gods' good side - if not, they would fall out of favour.

Modern New Year's resolutions became fashionable in the 19th century. The first recorded use of the phrase "new year resolution" appeared in a Boston newspaper in 1813.

However, while over a third of the population make New Year's resolutions, only 8% stick to them. The best way to achieve your resolution is to treat it like a regular goal: make it specific and tangible, so you can track your progress. While "get healthier" sounds great on paper, the only way to measure your success is by developing an action plan and following it. **Good luck with that resolution!**

MY GOAL FOR 2018 IS TO ACCOMPLISH THE OBJECTIVES OF 2017 WHICH I SHOULD HAVE DONE IN 2016, BECAUSE I PROMISED THEM IN 2015 AND PLANNED THEM IN 2014.



ROTARY CLUB OF KIMBERLEY

We are pleased to announce the forthcoming Presidential terms:

2018-19: Corlia van Tonder

2019-20: Colleen Fairweather

We know that these ladies will carry our club forward very successfully!

ROTARY CLUB OF KIMBERLEY

2017-2018

Chartered 20 August 1951

Rotary District 9370

RI President: Ian Riseley

District Gov: Wally Jacobs

Asst Gov: Barry Downs

Club Pres: Corlia v.Tonder

Secretary: Gill Quinn

Club Board:

Barry Downs

Colleen Fairweather

Ken Quinn

Peter Thomas

Amanda van Zyl

Pete van Zyl

Bulletin Editor: Peter Thomas

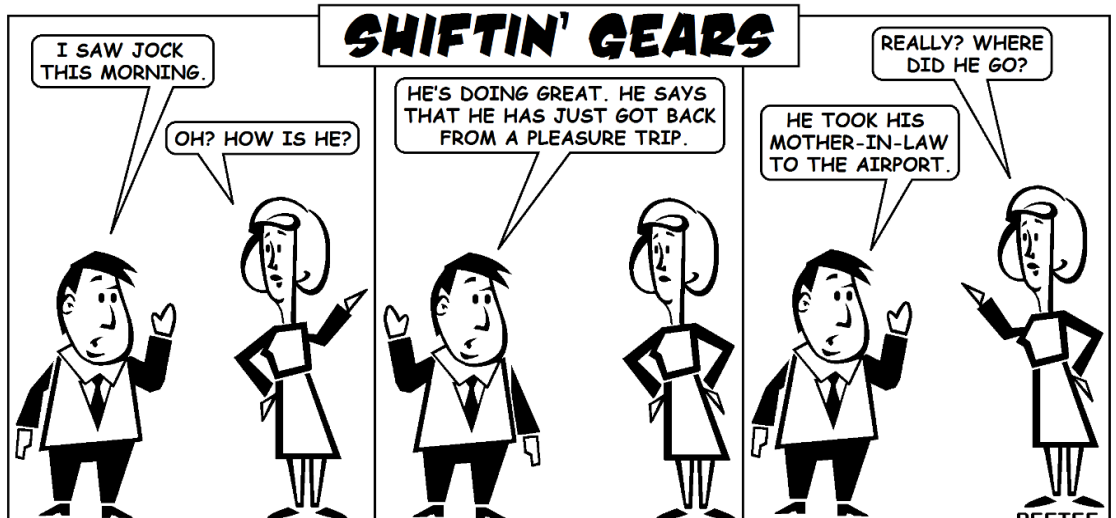
Club Meetings:

Kimberley Club

Mondays 12:45 for 13:00

INFO: 082 898 3805

SHIFTIN' GEARS



PEETEE

CALENDAR & DUTIES

JANUARY

Rotary Awareness Month

- 8 Jan: Business Meeting 12:45 for 13:00
15 Jan: Social Meeting 12:45 for 13:00
22 Jan: BOARD MEETING 12:45 for 13:00
29 Jan: Social Meeting 12:45 for 13:00

From 2018, we have a slight alteration to our program

- 1st Monday Social / speaker meeting
2nd Monday Business meeting
3rd Monday Social / speaker meeting
4th Monday Board Meeting
5th Monday Social / speaker meeting

The monthly account assumes a Rotarian attends ANY 2 lunches in a month. Additional lunches are billed at cost.

DUTIES

If you are unable to do a duty, please make arrangements for a substitute.

WEEK OF 8 JANUARY

FELLOWSHIP: Colleen Fairweather
CORPORAL: Ken Quinn
TUES COFFEE CLUB: Peter Thomas

WEEK OF 15 JANUARY

FELLOWSHIP: Philip Maritz
CORPORAL: Peter Thomas
TUES COFFEE CLUB: Corlia van Tonder

WEEK OF 22 JANUARY

FELLOWSHIP: No Duty (BOARD MEETING)
CORPORAL: No Duty (BOARD MEETING)
TUES COFFEE CLUB: Pete van Zyl

SUBMISSIONS FOR THE ROTARY GRIQUA ARE WELCOMED. PLEASE E-MAIL TO:
petertee@vodamail.co.za



ROTARY:
MAKING A
DIFFERENCE

Disclaimer: The views expressed in this newsletter are those of the editor and the contributors. They do not necessarily reflect the views of the Rotary Club of Kimberley, of Rotary District 9370 or of Rotary International.

FEBRUARY

World Understanding Month

- 5 Jan: NEW YEAR – No Meeting (Monday)
12 Jan: Business Meeting 12:45 for 13:00
19 Jan: Social Meeting 12:45 for 13:00
26 Jan: BOARD MEETING 12:45 for 13:00

CELEBRATIONS

BIRTHDAYS

- 09 Jan Charles Parsons (Honorary)
15 Jan Maryna Thomas
22 Jan Amanda Van Zyl
22 Jan Herbie Booth
05 Feb Peter Thomas
17 Feb Brenda Booth

WEDDING ANNIVERSARIES

- 12 Jan Peter & Maryna Thomas
22 Jan Ken & Gill Quinn

INDUCTION ANNIVERSARIES

- 24 Feb 2014 Colleen Fairweather

COFFEE CLUB BIRTHDAYS

- 07 Jan Dave Thomas
13 Jan Jannie Jacobs
16 Jan John Paton
26 Feb Rob Hollings

MEME OF THE WEEK



**THE ONLY
REASON THAT I
AM FAT IS
BECAUSE A
SKINNY BODY
COULD NOT
POSSIBLY STORE
ALL THIS
PERSONALITY**