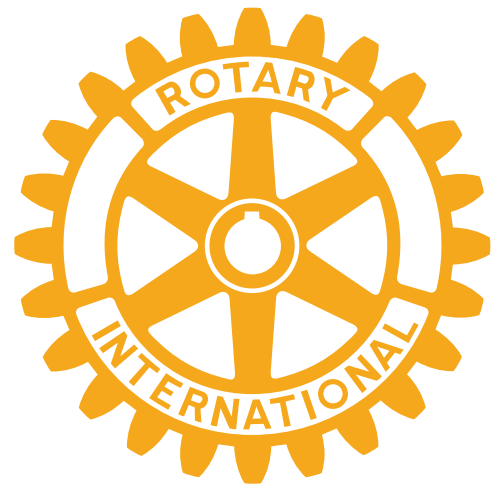


# ROTARY GRIQUA



THE OFFICIAL BULLETIN OF  
THE ROTARY CLUB OF KIMBERLEY  
(Chartered 20 August 1951)

29 June 2015

Rotary  
District  
9370

RI

President:  
Gary C.K.  
Huang

District 9370  
Governor:  
Andrew Jaeger

Assistant  
Governor for  
Kimberley &  
Bloemfontein:  
Gill Quinn

Club President:  
André Oberholzer

Club Board:  
Bettina Dauberman  
Barry Downs  
Sharon Erasmus  
Colleen Fairweather  
Ken Quinn  
Peter Thomas  
Amanda van Zyl  
Pete van Zyl

Bulletin  
Editor:  
Wayne Evans

Club  
Meetings:  
Kimberley  
Club  
Mondays  
12:45 for  
13:00

## Meeting Report: 15 June 2015 (by Barry Downs)

In the absence of the official Corporal, President André opened the meeting with grace, the Four Way Test and toasts to the USA and South Africa. He welcomed us all, including our guests Brenda Booth and Maddy.

André asked us to note forthcoming dates: 29 June – Ronnie Bruce will be talking about her trip to Sutherland; 13 July – Dorothy-Anne Howitson will tell us about her recent trip to the RI Convention in Brazil; 13 March 2016 will see our Golf Day at the Kimberley Golf Club.

Acting Sergeant Peter T reminded us all of forthcoming duties, birthdays etc. After which it was announced that on Saturday (20 June) there would be a multi-purpose function at the home of André and Annine – club assembly (10 for 11am) combined with a farewell to Maddy and a fellowship potjie around 2pm. Lawrie reported on his recent visit to the Kimberley

South club in their new home – he was suitably impressed, and urged us all to visit them at some time to also experience their new venue.

Attendance Office Ken announced our attendance as an abysmal 7 out of 18 for 21 (we have two on leave of absence) for 38.9%.

Ken volunteered to take the Corporal's slot, and regaled us with a thinly veiled autobiographical story about his crushed nuts.

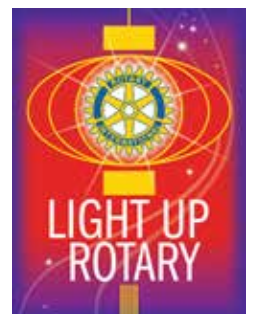
Peter T stepped into the Tail Piece breach with:  
“When I was a kid I wanted to be older. This s!#@ is not what I expected”.



Monday - Friday: Crossfit

Visit Maddy's blog at: <http://maddyinsa.wordpress.com>

Maddy's  
Corner



# The Good Wife Guide

***From a Home Economics textbook printed in the mid-50s.***

*(A reprint has been requested by PP Sharon Erasmus on behalf our ladies who feel in need of a refresher course, but are too shy to ask)*

Have dinner ready. Plan ahead, even the night before, to have a delicious meal ready on time for his return from work. This is a way of letting him know that you have been thinking about him and are concerned about his needs. Most men are hungry when they come home and the prospect of a good meal (especially his favourite dish) is part of the warm welcome needed.

Prepare yourself. Take 15 minutes to rest so you will be refreshed when he arrives. Touch up your make-up, put a ribbon in your hair and be fresh looking. He has just been with a lot of work weary people.

Be a little gay and a little more interesting for him. His boring day may need a lift and one of your duties is to provide it. Clear away the clutter. Make one last trip through the main part of the house just before your husband arrives. Gather up school books, toys, papers etc. and then run a dust cloth over the tables. During the colder months of the year you should prepare and light a fire for him to unwind by. Your husband will feel he has reached a haven of rest and order and it will give you a lift too.

After all, catering for his comfort will provide you with immense personal satisfaction.

Minimise all noise. At the time of his arrival eliminate all noise of the washer, dryer or vacuum.

Try to encourage the children to be quiet. Be happy to see him. Greet him with a warm smile and show sincerity in your desire to please him.

Listen to him. You may have a dozen important things to tell him, but the moment of his arrival is not the time. Let him talk first, remember his topics of conversation are more important than yours. Make the evening his.

Never complain if he comes home late or goes out to dinner or other places of entertainment without you. Instead, try to understand his world of strain and pressure and his very real need to be at home and relax.

Try to make sure your home is a place of peace, order and tranquillity where your husband can renew himself in body and spirit.

Don't greet him with complaints and problems. Don't complain if he's late home for dinner, or even stays out all night. Count this as minor compared to what he might have gone through that day.

Make him comfortable. Have him lean back in a comfortable chair or have him lie down in the bedroom. Have a cool or warm drink ready for him. Arrange the pillow and offer to take off his shoes.

Speak in a low, soothing and pleasant voice. Don't

ask him questions about his actions or question his judgment or integrity.

Remember, he is the master of the house and as such will always exercise his will with fairness and truthfulness.

Once he has had a chance to have his evening meal clear the dishes and wash up promptly. If your husband should offer to help decline his offer as he may feel obliged to repeat this offer and after a long working day he does not need the extra work.

Encourage your husband to pursue his hobbies and interests and be supportive without seeming to encroach.

If you have any little hobbies yourself try not to bore him speaking of these, as women's interests are often rather trivial compared to men's.

At the end of the evening tidy the home ready for the morning and again think ahead to his breakfast needs. Your husband's breakfast is vital if he is to face the outside world in a positive fashion.

Once you have both retired to the bedroom prepare yourself for bed as promptly as possible. Whilst feminine hygiene is of the utmost importance your tired husband does not want to queue for the bathroom as he would have to do for his train. But remember to look your best when going to bed.

Try to achieve a look that is welcoming without being obvious. If you need to apply face-cream or hair-rollers wait until he is asleep as this can be shocking to a man last thing at night.

When it comes to the possibility of intimate relations with your husband it is important to remember your marriage vows and in particular your commitment to obey him. If he feels that he needs to sleep immediately then so be it. In all things be led by your husband's wishes, do not pressure him in any way to stimulate intimacy. Should your husband suggest congress then accede humbly all the while being mindful that a man's satisfaction is more important than a woman's. When he reaches his moment of fulfilment a small moan from yourself is encouraging to him and quite sufficient to indicate any enjoyment that you may have had.

Should your husband suggest any of the more unusual practices be obedient and uncomplaining but register any reluctance only by remaining silent. It is likely that your husband will then fall promptly asleep so adjust your clothing, freshen up and apply your night time face and hair care products.

You may then set the alarm so that you can arise shortly before him in the morning. This will enable you to have his morning cup of tea ready when he awakes.

# If You Have These Symptoms, You May Have Age Activated Attention Deficit Disorder

Recently, a woman was diagnosed with A.A.A.D.D. (Age Activated Attention Deficit Disorder). This is how it manifests:

I decide to water my flower tubs.

As I turn on the hose I look over at my car and decide it needs washing.

I go to get the car keys from the porch and then notice mail on the porch table.

I decide to go through the mail before I wash the car.

I lay my car keys on the table, put the junk mail in the bin under the table and notice that the bin is full. So, I decide to put the bills back on the table and take out the rubbish first.

But then I think, I can run down to the post-box when I take out the rubbish I may as well pay the bills first. I take my check book off the table, and see that there is only 1 check left. My extra checks are in the computer desk, so I go inside the house to my desk where I find the can of soda I'd been drinking. I'm going to look for my checks, but first I need to push the soda aside so that I don't accidentally knock it over.

The soda is getting warm, and I decide to put it in the fridge to keep it cold. As I head toward the kitchen with the soda, a vase of flowers on the window ledge catches my eye--they need water.

I put the soda on the window ledge and discover my reading glasses that I've been searching for all morning. I decide I better put them back on my computer desk, but first I'm going to water the flowers. I set the glasses back down on the window ledge, fill a container with water and suddenly spot the TV remote. Someone has left it on the kitchen table. I realize that tonight when we go to watch TV, I'll be looking for the remote, but I won't remember that it's on the kitchen table, so I decide to put it back in the living room where it belongs, but first I'll water the flowers. I pour some water in the flowers, but some spills on the floor. So, I set the remote back on the table, get some towels and wipe up the spill.

Then, I head down the hall trying to remember what I was planning to do.

At the end of the day:

- The tubs aren't watered;
- The car isn't washed;
- The bills aren't paid;
- There is a warm can of soda sitting on the window ledge;
- The flowers don't have enough water;

- There is still only 1 check in my check book;
- I can't find the remote;
- I can't find my glasses;
- I have absolutely NO idea what I did with the car keys.

Then, when I try to work out why nothing got done today. I'm really baffled because I know I was busy all the darn day, and I'm really tired. I realize this is a serious problem, and I'll try to get some help for it, but first I'll check my e-mail.

Don't laugh -- if this isn't you yet, your day is coming!

## Magic Number 5

I was walking down the street the other day when I saw my best friend Jeff. I walked up to him and mentioned that I had the craziest dream the other night. Jeff listened as I told him that the dream consisted of just one thing. A huge glowing number "5". It was made of gold and sparkled with shiny diamonds. Jeff's curiosity was peaked. I went on to say that the first thing that I did in the morning was to grab the daily racing digest and look up the 5th race.

Jeff raised an eyebrow. I told him that the #5 horse in the 5th race was named "The 5th Element." Jeff started grinning. Then I told him point-by-point what I did that entire day.

I ate 5 bowls of cereal for breakfast and drank 5 cups of coffee

I went for a 5 mile jog to clear my head

I took a 5 minute shower to rinse off

I dressed in the 5th suit I found in my closet

I sat in my car for 5 minutes before starting it

I drove to the racetrack and parked in the 5th stall in the 5th row

I entered through the 5th admissions gate

I bought 5 programs

I went to the 5th betting window and bet \$555 on the 5th horse in the 5th race

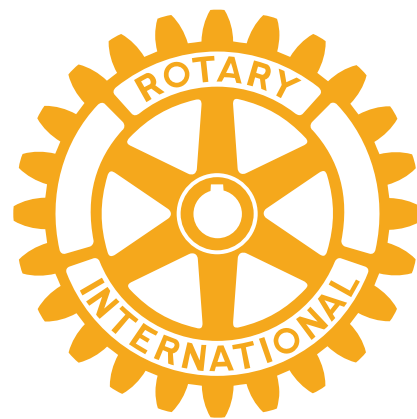
I went and sat in the 5th row of the bleachers making sure there were 5 people sitting on both sides of me.

I settled in and waited for the race to start.

"Well," said Jeff. "Did your horse win??"

I frowned at Jeff and said, "Stupid horse came in 5th."

# THE BACK PAGE



"Focus on where you want to go, not on what you fear."  
- Anthony Robbins

## Upcoming Events

### June—Rotary Fellowships Month

29 Guest speaker: Veronica Bruce

### July—No Rotary designation

13 Guest speaker: Dorothy-Anne Howitson

19 Christmas in July

If you are unable to perform a duty, please make sure you arrange a replacement.

Please advise Dwayne by email or SMS of any changes:  
dwaynemevans@gmail.com  
072 236 8658

## Fellowship

Jun 29 Peter Thomas & Corlia van Tonder  
Jul 06 Pete van Zyl & Bettina Dauberman  
Jul 13 Colleen Fairweather & Johnny van Niekerk

## Corporal

Jun 29 Corlia van Tonder  
Jul 06 Pete van Zyl  
Jul 13 Bettina Dauberman

## Birthday Greetings

Jul 08 Shirley Dally  
Jul 09 Johnny van Niekerk  
Jul 24 Dries van Tonder

## Induction Anniversaries

Jul 27	Pete van Zyl	2009
Sep 03	Allison Fletcher	2007
Oct 29	Dwayne & Liesel Evans	2012

## Meeting Reports (email them to: dwaynemevans@gmail.com)

Jun 29 Peter Thomas  
Jul 06  
Jul 13

## Maddy for Dinner (week ending)

Anyone able to host Maddy for dinner in the coming weeks should please make arrangements with Maddy.



## Wedding Anniversaries

Jun 28	Barry & Gill Downs
Jul 16	Gordon & Shirley Dally (Honorary)
Aug 29	Mike & Beryl Bradnum (Honorary)
Sep 02	Ryan & Janine Snyders

## Coffee Club

Jun 30	Jannie Jacobs
Jul 07	Peter Thomas
Jul 14	Corlia van Tonder
Jul 21	Pete van Zyl

## Coffee Club - Birthday Greetings

Jul 15	Mark Harding
Aug 08	Derek Preece
Aug 24	Trevor Urry
Sep 09	Ben Koorzen